

## Trigger Warning || Can We Trust The Bible?

### Group Notes

### INTRODUCTION

How do we know that the Bible is true? How did we get it? Are we supposed to just blindly trust that this book is from God? Men were involved in writing it and deciding what went in and what stayed out. How is the Bible any different from any other religious book? At Sun Valley, the Bible is where we get all of our beliefs and practices. It is our guide for life.

### CONVERSATION STARTERS

1. What is your favorite book, and why?
2. If you could spend a day with one literary character, who would it be, and why?

### SERMON NOTES REVIEW

Looking back at your message notes from this weekend's teaching, was there anything that caught your attention, challenged you, or confused you?

### WATCH THE VIDEO

[CLICK HERE](#)

### GROUP DISCUSSION

1. How has God spoken to you through His word?
2. Read [2 Timothy 3:16-17](#)  
What does this passage mean to you?
3. Do you have favorite verses, or passages in the Bible? If so, what are they?
4. What is something you learned from the Bible that you have applied to your life?
5. Read [Ephesians 2:10](#)  
What do you think are some of the "good works" God wants us to do? How has God equipped us for them?
6. What are some ways you use the Bible to help yourself, and others, to "be thoroughly equipped for every good work"?

### PRAYER

*Come, Holy Spirit! We need your help to be wise and apply the teachings of the Bible in our lives, so we can live the way you want us to and to be equipped to do the work you have for us. Help us to read the Bible and understand that it isn't just a collection of words, but your way of building a relationship with us. Please help us understand and apply the Bible to our lives.*

### ANNOUNCEMENTS

- The Christmas season is coming! We will be honoring our single parents in our church at our annual Single Parent Blessing event the first week of December. Would your group consider sponsoring a single parent family? Please contact your Campus Pastor or Next Steps Director for more information!

- Are you looking to dive deeper into the conversation from the weekend's message or looking for daily, quick devotionals? Check out the Loving God. Loving People. podcast and our daily devos on our website:
  - o [Podcast](#)
  - o [Daily Devos](#)